



I N T R O D U C T I O N

You can't see tomorrow very clearly today.

We're enveloped in uncertainty. But even with low visibility one thing is clear: These are abnormal times. A watershed.

The economic landscape has shifted—we look at the future from a different angle now—and the seismic shocks continue.

Going forward, change will grow in scale. It will continue to accelerate. And our world will become even more complex.

But . . .

*we are **bigger** than the challenges we face.*

The one inescapable requirement for personal effectiveness and overall well-being is that we must rethink our relationship with change.

Specifically, we need to start living at the 4th Level.

This handbook gives you the new rules of engagement.